

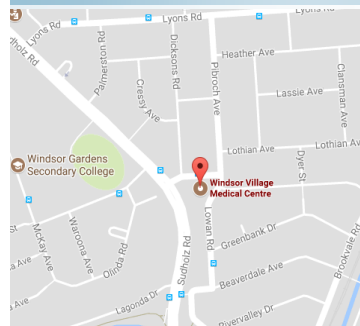
THE ROLE OF YOUR GP AND THE ROLE OF SKIN CLINICS

Looking after your skin is an important part of looking after your health. Ask your GP to examine your skin at regular intervals. If need be, see a specialist in the field.

Skin clinics specialise in skin checks and skin cancer care. These clinics are generally staffed by GPs with special interest in this area of medicine.

**WE OFFER THIS SERVICE TO OUR PATIENTS
AND TO THE LOCAL COMMUNITY,
TO ENSURE YOUR HEALTH CARE IS
COMPREHENSIVE AND COMPLETE**

**OUR AIM IS TO PROVIDE SKIN CHECKS
AND TREATMENT OF HIGH STANDARD
AT AFFORDABLE COST**



**Windsor Village
Medical Centre**
1 Longview Road
Windsor Gardens
SA 5087
Ph: 8261 1822
Fax: 8369 2724
Website:
www.wvmc.com.au



**Oakden Medical
Centre**
132-134 Fosters Road
Hillcrest
SA 5086
Ph: 8266 7788
Fax: 8266 7755
Website:
www.wvmc.com.au

Appointments

Appointments can be made by calling reception
and asking to book into the Skin Alive Clinic.

The clinic is run on Monday and Thursday at Windsor Gardens
and Tuesday and Friday at Oakden. Afterhours appointments
are available.



**Windsor Village
MEDICAL CENTRE**

**Oakden
MEDICAL CENTRE**

*Building a Healthier and Happier
Community*



Skin Alive Clinic

**Windsor Gardens
08 8261 1822**

**Oakden
08 8266 7788**



*Building a Healthier and Happier
Community*

Welcome to Skin Alive!

WHO WE ARE

Skin Alive Clinic is a health initiative of doctors and nurses at Windsor Village and Oakden Medical Centres, with special interest and expertise in skin checks and skin cancer care.

WHAT DO WE DO

We provide skin checks, detection and management of early skin cancer. We educate on skin health and awareness. We also help you monitor your skin health to facilitate early detection of skin spots which are dangerous and which can be treated safely and effectively when detected early. We can also treat some non cancerous skin spots such as warts, skin tags and cysts.

HOW WE DO IT

Dedicated doctors and nurses spend extra time to keep abreast of the latest in skin cancer diagnosis and management. They work together using dedicated time, equipment and health records to make sure you are thoroughly examined, well informed and provided with treatment and follow up appropriate for your particular condition.

WHY WE DO IT

We believe your skin health is a very important part of your overall health care. Managing your skin is part of your doctors scope of care for your health as a whole, and that is why we endeavour to strive for excellence in this area. It is best to make your skin health part of your comprehensive health care.

WHERE WE DO IT

Skin Alive Clinic is located at the Windsor Village and Oakden Medical Centres. See address and map overleaf.

WHAT DOES IT COST

Initial consultation with the doctor and the Nurse is \$120, payable on the day. Your rebate from Medicare is \$71.70.

Other set fees are discussed and negotiated with you as applicable to your particular problem and situation.

YOUR SKIN

- * Is the largest organ in your body
- * Is made up of layers of cells, which die off and regenerate constantly
- * Ages from the time you are born
- * Most of the premature aging of the skin is due to sun exposure
- * It is subject to damage from sun rays, chemicals and other agents
- * Will develop cancer if the damage is sustained and severe



- * It is “In the open”, you can therefore get to know it, check it for damage and worrying spots, have a partner check it for you and if concerned, get your GP to examine it for you

SKIN CANCER

- * Is the most common cancer diagnosed in Australia
- * Is the most preventable
- * Occurs mostly on sun exposed areas of the body, but can occur in other areas which have never been exposed to the sun
- * If treated early, has a high success rate of permanent cure
- * If neglected or treated in advanced stages, it kills

THREE MAIN TYPES OF SKIN CANCER ARE:

Basal Cell Carcinoma—Occurs anywhere on the body and is the least deadly

Squamous Cell Carcinoma—Occurs mainly in sun exposed areas of the skin and can be quite deadly

Melanoma—Usually dark or black, but may not be. Can occur in any area of the body. Early detection is the key to survival as Melanoma is deadly.

PREVENTION

- * Skin awareness and protection needs to start from infancy
- * Avoid direct sun exposure by wearing protective clothing and sunscreen. Damage from the sun accumulates over years. Whenever you start looking after your skin is better than never, but you can't reverse damage already done.
- * Get to know your skin and check it for new moles
- * Have your doctor examine your skin at regular intervals and follow advice given